BTEC Assignment Brief

Qualification	Pearson BTEC International Level 3 Extended Diploma in Health and Social Care Pearson BTEC International Level 3 Extended Diploma in Health and Social Care (Health Studies)
Unit number and title	**Unit 18: Understanding Mental Wellbeing**
Learning aims	Learning aim A: Understand different views on the nature of mental wellbeing and mental health Learning aim B: Examine how the main forms of mental ill health are classified Learning aim C: Examine the impact of mental ill health on individuals and others in their social networks Learning aim D: Examine strategies which promote mental wellbeing and mental health.
Assignment title	**What is mental wellbeing?**
Assessor	
Issue date	
Hand in deadline	

Vocational Scenario or Context	You are a healthcare assistant on a ward for young adults with different forms of mental ill health. In order to support your understanding of the work undertaken with young adults, the ward manager has asked you to conduct some research and present your findings.

Task 1	You have been asked to produce a report that evaluates the nature of mental health and wellbeing. Your report should also evaluate the role of the current classification systems, in improving the diagnosis of two, different mental ill-health conditions and their symptoms. Your report should: ● analyse factors that influence mental health and wellbeing, referring to one model of mental wellbeing and mental health ● analyse the contribution of current classification systems in the diagnosis and symptoms of your two, selected conditions, explaining the impact of current classifications on the diagnosis and discussing their strengths and limitations.
Checklist of evidence required	Report

Criteria covered by this task:	
Criteria reference	To achieve the criteria you must show that you are able to:
AB.D1	Evaluate the nature of mental health and wellbeing and the role of current classification systems in improving the diagnosis of selected mental ill-health conditions and their symptoms.
A.M1	Analyse factors that influence mental wellbeing and mental health with reference to a view on the nature of mental wellbeing and mental health.
B.M2	Analyse the contribution of current classification systems in the diagnosis of selected mental ill-health conditions and their symptoms.
A.P1	Explain factors that influence mental wellbeing and mental health.
B.P2	Explain the impact of current classification systems on the diagnosis of mental ill-health conditions.
B.P3	Discuss the strengths and limitations of current classification systems in recognising selected mental ill-health conditions and their symptoms.

Task 2	The ward manager is impressed with your work and has now asked you to produce a report on one of the service users with a specific condition. Referring to one of the case studies attached to this Assignment Brief, produce a report that evaluates the importance of promoting, protecting and restoring mental health and wellbeing to your selected individual, giving an explanation of the impact of mental ill health on this individual. Your report should also evaluate how an accurate diagnosis can lead to the correct treatment of your selected individual's condition. Please also include in your report: ● an analysis of the impact of mental ill health on your selected individual's relationships within their social networks, referring to factors that may have caused the condition and giving an explanation of how mental ill health can affect your selected individual's relationships with others. ● a justification of the strategies that could be applied to promote mental health and wellbeing for your selected individual, referring to relevant legislation, policies and codes of practice, ensuring that these strategies are explained in your justification.
checklist of evidence required	Report

Criteria covered by this task:	
Criteria reference	To achieve the criteria you must show that you are able to:
CD.D2	Evaluate the importance of promoting, protecting and restoring the mental wellbeing and mental health of a selected individual diagnosed with a mental ill-health condition.
D.D3	Evaluate how accurate diagnosis of mental ill-health conditions leads to correct treatment.
C.M3	Analyse the impact of mental ill health on a selected individual's relationships within their social networks with reference to factors that may have caused it.
D.M4	Justify strategies that can be applied to promote the mental wellbeing and mental health of a selected individual diagnosed with a mental ill-health condition, making reference to relevant legislation, policies and codes of practice.
C.P4	Explain the impact of mental ill health on a selected individual.
C.P5	Explain how mental ill health affects a selected individual's relationships with others.
D.P6	Explain strategies that can be applied to promote the mental wellbeing and mental health of a selected individual diagnosed with a mental ill-health condition.

Checklist of evidence required	Report
Sources of information to support you with this Assignment	**Book** Pilgrim D — *Key Concepts in Mental Health* (Sage, 2014) ISBN: 9781446293898 **Websites** http://www.mind.org.uk/information-support/types-of-mental-health-problems/personality-disorders/types-of-personality-disorder/#.V-PT5I-cGAg hthttps://www.oecd.org/health/mental-health.htmtps://www.who.int/health-topics/mental-health#tab=tab_1 https://www.wearespur.com/org/mentalhealthhub
Other assessment materials attached to this Assignment Brief	Case studies

Note: The Assignment Brief is set in the context of a ward for young adults with mental ill health. Learners are asked to envisage themselves as a healthcare assistant, which is a realistic role, following completion of the qualification for learners who do not wish to move on immediately to university.

Task 1 covers the more general aspects of the unit and also asks learners to consider two, specific mental ill health conditions. Learners should draw upon their own research, in addition to information gained in class sessions.

Task 2 asks learners to select a case study upon which to base their report. Learners may select one of the three case studies attached to this Assignment Brief, refer to one provided by the teacher, or base their report upon an individual known to them, ensuring that they have obtained informed consent and preserved the complete anonymity of the individual.
All legislation, policies and codes of practice should be current, and relevant to the learners' home country.